



PRESENTER, COMMENTATOR,
PODCASTER & PRESENTATIONS COACH

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PRESENTATIONS COACHING

Coaching private and corporate clients on creating impact, first impressions, presentation skills, public speaking and Q&A techniques.

Corporate clients include Banglalink, Axiata and VEON

PODCAST

[Chatting to a Friend](#)

LIVE COMMENTATING

2021 ISMF World Championships	Arinsal, Andorra
2021 ISMF World Cup	Verbier, Switzerland
2020 ChaChaCha Trail Race	Champex Lac, Switzerland
2020 ISMF World Cup	Various, Europe
2019 ISMF World Championships	Villars, Switzerland
2019 ISMF World Cup	Various, Europe
2018 ISMF World Cup	Various, Europe
2018 Matterhorn Ultraks	Zermatt, Switzerland
2017 & 2018 Verbier X Triathlon	Verbier, Switzerland
2017 ISMF World Cup	Various, Europe
2014, 2015 & 2016 High 5 by Carlsberg	Verbier, Switzerland
2015 ISMF World Championships	Verbier, Switzerland
2014 ISMF World Cup	Verbier, Switzerland

LIVE PRESENTING

- 2019 Ski mountaineering World Championships, Switzerland, live streaming Canal 9, RTS
- 2019 Trophée des Gastlosen, ski mountaineering streamed. Switzerland
- 2018 Presenter: Andorra TV. First ever live coverage of ski mountaineering. Streamed.
- 2016 Presenter: Verbier Impulse music festival
Presenting live on stage in French and English and introducing the bands, including Charlie Winston and Texas.
- 2014-2016 Radio Presenter: Mountain Radio Verbier
Two winter seasons as lunchtime presenter, one winter season as breakfast show presenter.
Pre-recorded shows, including all research. On location live shows. Interviewing local and visiting high profile guests, in French and in English.

VOICE and PRESENTING WORK

- [Promo video – Catie Friend](#) Travel presenting video
- [Promotional video](#) Africa Eco Race 2021
- [Promotional video](#) Africa Eco Race 2020
- [English speaking voice for daily 12 minute videos](#) Africa Eco Race 2018, 2019, 2020
- [English speaking voice for daily 12 minute videos](#) Turkmen Desert Race 2018
- [Voiceover for education company in Zambia](#) Edulution

FURTHER SKILLS

- Fluent French speaker
- A smattering of Italian, Spanish and German
- Talking to camera and to time
- Producing and performing in the world's only Alpine pantomime
- Performing wedding ceremonies high in the Alps

TRAINING

- Kathryn Wolfe Presenting 2017

QUALIFICATIONS

- MA (HONS) French and Mediaeval History, University of St Andrews

OTHER INTERESTS

- Ski mountaineering, skiing, trail running, road biking, kite surfing, hiking, cooking and eating well, singing and reading.